

Eating Healthy at Murray-Aikins

Did you know you can...

- Cook your own food-include only the ingredients you want
- There is a vegetarian and vegan station
- Stone-hearth pizza-less greasy and still tasty
- International food station
- Test kitchen-students can give chefs feedback on new recipes

Stay tuned...

The dining hall hopes to have the nutritional information available for their menu items very soon!

Special diets...

Email fs-staff-

list@skidmore.edu or call

518-580-5850,

Dining Services will help you make menu choices