

## Where to Get Help

Skidmore College has contracts with the following companies to insure your benefits and administer your claims according to the terms of the plans as authorized by Skidmore College. Contact these benefits administrators for information on service providers, claim reimbursement, or retirement benefits. Contact your Human Resources office for additional information, if you have questions on your benefits coverage or need enrollment or change forms.

COVERAGE	BENEFITS/CLAIMS ADMINISTRATOR	PHONE	WEB SITE
Dental	Delta Dental of New York (non-union employees) GHI (Local 200United employees)	800-932-0783 800-255-5681	<a href="http://www.deltadentalins.com">www.deltadentalins.com</a> <a href="http://www.ghi.com">www.ghi.com</a>
Health Insurance Plans	<u>Non-Union Employees</u> Capital District Physicians' Plan (CDPHP) MVP Healthcare Blue Shield of Northeastern NY ...Out of Area  <u>Local 200United Employees</u> 1199 SEIU Greater NY Benefit Fund	888-258-0477 888-687-6277 888-840-6322 800-810-2583  877-557-1199 or 518-396-2355	<a href="http://www.cdphp.com">www.cdphp.com</a> <a href="http://www.mvphealthcare.com">www.mvphealthcare.com</a> <a href="http://www.bsny.com">www.bsny.com</a>  <a href="http://www.1199nbf.org/healthcare/default.aspx">www.1199nbf.org/healthcare/default.aspx</a>
Life Insurance	First Reliance Standard (non-union employees)  <u>Local 200United Employees</u> 1199 SEIU Greater NY Benefit Fund	800-351-7500  877-557-1199 or 518-396-2355	<a href="http://www.reliancestandard.com">www.reliancestandard.com</a>  <a href="http://www.1199nbf.org/healthcare/default.aspx">www.1199nbf.org/healthcare/default.aspx</a>
Long-Term Disability (non-union employees)	First Unum	800-858-6843	<a href="http://www.Unum.com">www.Unum.com</a>
New York State Short Term Disability	First Unum	800-858-6843	<a href="http://www.Unum.com">www.Unum.com</a>
Prescription Drugs	InformedRx Inc. (non-union BSNENY participants)  SilverScript/Caremark (PPO retirees age 65+)  1199 SEIU Greater New York Benefit Fund (Local 200United employees)	800-880-1188 or 800-881-1966 mail order  800-624-1131 or 888-512-8930 mail order  877-557-1199 or 518-396-2355	<a href="http://www.nmhcrx.com">www.nmhcrx.com</a> or <a href="http://www.sxc.com">www.sxc.com</a> or <a href="http://www.myinformedrx.com">www.myinformedrx.com</a>  <a href="http://skidmorecollege.silverscript.com">http://skidmorecollege.silverscript.com</a>  <a href="http://www.1199nbf.org">www.1199nbf.org</a>
Retirement Plans	TIAA-CREF  Vanguard Mutual Funds  Local 200D Pension Fund (Local 200United employees)	866-842-2046  800-523-1188  518-463-0164 or 800-733-1754	<a href="http://www.tiaa-cref.org/skidmore">www.tiaa-cref.org/skidmore</a>  <a href="http://skidmore.vanguard-education.com/">http://skidmore.vanguard-education.com/</a>
Social Security Benefits	Glens Falls Schenectady	812-0182 382-1001	<a href="http://www.ssa.gov">www.ssa.gov</a>
Unemployment Insurance	New York State Department of Labor	Contact your local unemployment office	<a href="http://www.labor.state.ny.us/unemploymentassistance.shtm">http://www.labor.state.ny.us/unemploymentassistance.shtm</a>
Workers' Compensation	PMA Management Corp.	800-329-6185	<a href="http://www.wcb.state.ny.us/">http://www.wcb.state.ny.us/</a>
<u>OTHER BENEFITS</u> Employee Assistance Program  Flexible Spending Accounts Travel Assistance Services International Travel Insurance	Employee Assistance Program of Warren, Washington and Saratoga Counties; The Preferred Group; First Reliance Standard, WorldNet Services Corp; AIG International Services	518- 793-9768  518-641-0321 800-456-3893 800-401-2678 or 01(713)260-5508	<a href="http://cms.skidmore.edu/hr/benefits/eap.cfm">http://cms.skidmore.edu/hr/benefits/eap.cfm</a> ; <a href="http://cms.skidmore.edu/hr/benefits/benefitsprograminfo.cfm">http://cms.skidmore.edu/hr/benefits/benefitsprograminfo.cfm</a> ; <a href="http://cms.skidmore.edu/hr/benefits/upload/TravelAssistanceServices.pdf">http://cms.skidmore.edu/hr/benefits/upload/TravelAssistanceServices.pdf</a> ; <a href="http://cms.skidmore.edu/business_services/international-travel.cfm">http://cms.skidmore.edu/business_services/international-travel.cfm</a>