



## **Health Advocate Program**

Health Advocate is a healthcare coaching and patient advocacy service available at no cost for Skidmore College employees and family members who are enrolled in the following healthcare plans:

Skidmore College PPO Plan (Blue Shield of Northeastern New York)

MVP Health Plan

Capital District Physicians' Health Plan (CDPHP)

Here are just a few of the services available:

- Help navigating healthcare issues
- Unbiased health information
- Assistance with eldercare
- Untangle claims, billing and payment issues
- Schedule appointments with hard-to-reach specialists
- Find qualified doctors' dentists; leading hospitals and medical centers
- Secure second opinions

You, your spouse, dependent children as well as your parents and parents-in-law are eligible for this service.

If you are enrolled in The Skidmore College PPO Plan, call 1-800-359-5465 for assistance.

If you are enrolled in MVP Health Plan or CDPHP, call 1-866-695-8622 for assistance.